



# Helen Zanghi

November 29, 2023

With humble acceptance of God's will, we announce the passing of our beloved and extraordinary Helen Zanghi on November 29, 2023.

Helen is lovingly survived by her husband, Anthony Zanghi, daughter Marianthi Demetriades and husband Dr. Lambros Demetriades, daughter Angelica Sapaskis, daughter Kristina Iskaros and husband Emad Iskaros, daughter Stephanie Karlis and husband Elias Karlis and grandchildren Katerina and George Karlis, step-daughter Sharon Feratovic and husband Rafet Feratovic, granddaughter Sarina Feratovic, step-daughter Ann Ferreira and husband Rui Ferreira, grandchildren Sylvia and Sophia Ferreira. Helen is preceded in death by her first husband, Steven Sapaskis. She was dearly loved and will be missed by all who knew her.

On December 2, 2023, there will be a viewing at 10:00 A.M. at The Metropolitan Cathedral of St. John The Theologian, 353 East Clinton Avenue, Tenafly, New Jersey. The church blessing and funeral service will follow at 11:00 A.M. A graveside service will be held immediately after at Brookside Cemetery, 425 Engle Street, Englewood, New Jersey.

In lieu of flowers, memorial contributions in Helen's memory may be made to Englewood Health Foundation, 350 Engle Street, Englewood, NJ 07631 or <https://support.inglewoodhospitalfoundation.org/>

# Cemetery Details

## Brookside Cemetery

425 Engle St  
Englewood, NJ 07631

# Previous Events

## Visitation

DEC 2. 10:00 AM - 11:00 AM (ET)

St. John The Theologian Greek Orthodox Church  
353 E Clinton Ave  
Tenafly, NJ 07670

## Funeral Service

DEC 2. 11:00 AM (ET)

St. John The Theologian Greek Orthodox Church  
353 E Clinton Ave  
Tenafly, NJ 07670

# Tribute Wall

JM

“ I had the pleasure of knowing Helen on a number of occasions at Englewood hospital. She was a vibrant person, with a zest for life. May she rest in peace.  
Jennifer Morales, RN

Jennifer MoralesRn - December 10, 2023 at 03:49 PM

MC

“ My deepest sympathies to Helen's family. I have known Helen for many years, she was a good friend I always enjoyed her company. She was gone to soon.  
Michael Cioffi

Michael Cioffi - December 03, 2023 at 03:21 PM



“ Sending our deepest condolences to the entire family. Helen was a special woman and will be missed greatly but never forgotten. Unfortunately we will not be able to physically attend the service as we are in Aruba but will be there with you in spirit. May God give you all strength during this difficult time. Please take comfort in all your beautiful memories. May she Rest in Peace and her memory be eternal. 🙏🙏🙏



Popi Patrikios - December 01, 2023 at 03:20 PM