



Valerie C Aragona

October 10, 2025

Valerie C. Aragona, age 60, a resident of Winter Gardens, FL and formerly of New York City, passed away peacefully on Friday, October 10, 2025, surrounded by her loving family.

Daughter of Rafael and Olympia Contreras, she was the beloved wife of Victor Aragona and a devoted mother to Nicholas and Samantha Aragona. Valerie was preceded in death by her brother Mark, a cherished sister to Margaret, John, Mary Jane, Diana, and Michael. Her memory will be forever treasured by her extended family and many dear friends.

Prior to dedicating herself full-time to raising her family, Valerie enjoyed a fulfilling career in Human Resources working in multiple hotels across the US and Mexico. She had an unwavering passion for the training and development of others and had the opportunity to support and mentor hundreds of people in growing their careers with Marriott.

In addition to supporting the development of others, she was constantly seeking ways to improve the quality of life for herself and loved ones through health and wellness. At age 49, Valerie challenged herself by becoming a certified fitness trainer, outperforming trainers half her age.

Valerie was always dedicated to sharing her knowledge of health and wellness. Even in the face of her own challenges, she remained committed to staying informed about alternative ways to maintain wellbeing and she selflessly shared that wisdom with others. She inspired loved ones to take control of their health and embrace a mindful and holistic approach to life.

Family and friends are invited to pay their respects on Wednesday, October 15, from 10:00 AM to 11:45 AM at Barrett Leber Funeral Home, 268 Dean Drive, Tenafly. A Memorial Mass will follow at 12:00 PM at Mount Carmel Roman Catholic Church, Tenafly.

In lieu of flowers, donations in Valerie's memory may be made to the ALS Association or the Livestrong Foundation—causes close to her heart and deeply appreciated by the family.

Cemetery Details

Interment Private

Previous Events

Visitation

OCT **15**. 10:00 AM - 11:45 AM (ET)

Barrett Leber Funeral Home
148 Dean Dr
Tenafly, NJ 07670
(201) 568-8043
<https://www.barrettleberfuneralhome.com/>

Memorial Funeral Mass

OCT **15**. 12:00 PM (ET)

Our Lady of Mount Carmel Roman Catholic Church
10 County Rd
Tenafly, NJ 07670
(201) 568-0545

Tribute Wall

JM

“ Dear Victor,
I was heartbroken to hear of Valerie's passing. There are no words that can soften such an immense loss. I hope you and your family are feeling the care and sympathy that so many have in their hearts for you all at this difficult time.
Please know that I'm thinking of you and your family and have you all in my prayers.
With deepest sympathy,
Jeremy

Jeremy McCluskey - December 02, 2025 at 09:27 AM

MW

“ I am so sorry for your loss Victor and family

Matthew W. - October 15, 2025 at 12:37 PM

LM

“ Dear Victor, I am so very sorry for your loss.
Sending my deepest sympathy to you and your family. Most sincerely, Lisa Moore



Lisa Moore - October 15, 2025 at 11:24 AM



“ A sympathy card was purchased for the family of Valerie C Aragona.



October 15, 2025 at 08:59 AM

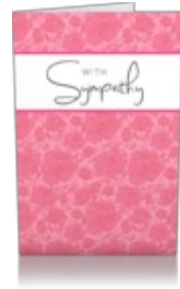


“ Dear Victor and family, my heart aches for you during this time of profound loss. Please know that you are in my thoughts and prayers each day as you navigate during this difficult journey. With my deepest sympathy, Silvano Merlo

Silvano Merlo - October 14, 2025 at 02:24 PM



“ Shea B. purchased a sympathy card for the family of Valerie C Aragona.



Shea B. - October 14, 2025 at 12:15 PM

JA

“ Victor, I was deeply saddened to hear about the passing of your wife. While we haven't worked closely together, I've known you for a long time and have always respected the kindness and strength you bring to those around you.

Please accept my heartfelt condolences during this incredibly difficult time. My thoughts are with you and your family, and I hope you find comfort in the love and support of those who care about you.

With sympathy,
John Agabey

John Agabey - October 14, 2025 at 10:45 AM

KC

“ Karla Colon lit a candle in memory of Valerie C Aragona



Karla Colon - October 14, 2025 at 08:52 AM

AK

“ Victor and Aragona family, my deepest condolences on the loss of Valerie. I am sending all my love and prayers. Andrea Knowles

Andrea Knowles - October 13, 2025 at 04:57 PM

MS

“ Valerie was a beautiful person and was loved by all the employees at The NY Marquis. I enjoy knowing Valerie and Victor and will pray for there family. Valerie was too young to die 🙏

Michael Stengel - October 13, 2025 at 02:09 PM



“ I am so sorry for your lost. I am so grateful to have Val in my life. She is a very good person with a big heart, caring, and understanding. She is such a good friend to me and I am heartbroken about her loss. I hope she rest in peace and follow God. I will miss her a lot and I love her forever. Don't worry about Sam, I will be her best friend. Rest in peace. Amy,Andy and family.



Tran Ha - October 12, 2025 at 08:11 PM